DISCOVER SE3 HD CONSOLE

The Discover SE3 HD console is built on insights provided by facilities and exercisers about what makes a consistently captivating experience. Intuitive interaction, appealing layouts and a host of other digital advances, like integrated streaming video services, create engagement for any exerciser. Available on both Elevation Series and Integrity Series cardio equipment.





LIFE FITNESS ON DEMAND

Redefine your cardio experience with motivating instructor-led workouts, available on-demand on Life Fitness premium cardio products. Choose from a wide variety of difficulty levels and programming styles, and from a diverse team of dynamic instructors.



PERSONAL ENTERTAINMENT

Featuring streaming video and audio like Netflix™ and Pandora® Radio, to help exercisers stay engaged.



BRING THE OUTDOOR INSIDE

Beautiful Lifescape™ interactive courses keep workouts engaging and allows exercisers to run or ride anywhere in the world.



CONNECTED DEVICES

Easy and intuitive connection is a necessity in the digital age. Exercisers can easily connect an Apple Watch®, Samsung Galaxy Watch® headphones, heart rate monitors and other Bluetooth® enabled devices.







DISPLAY TECHNOLOGY

CONSOLE FEATURES	
Touch Screen	SE3 HD Treadmill: 21.5" (53 cm) 1080p touch screen
	SE3 HD Non-Treads: 16" (41 cm) 1080p touch screen
Connectivity	Internet (wired or wireless), proximity login via Bluetooth*, NFC, or RFID
Entertainment	Video streaming apps, Lifescape and RunSocial (treadmills), RideSocial (non-treads), interactive courses, TV, integration with popular fitness apps
Streaming Entertainment Apps ¹	Netflix™, YouTube™, The Economist™, ESPN®, Newsy®, Flipboard®, Pandora®, Internet Browser
Wearable Compatibility	Apple Watch*, Samsung Galaxy Watch*
Discover SE3 HD Compatibility ²	Analog and Digital: NTSC/ATSC/QAMb, PAL/SECAM/DVB-T/DVB-T2/DVB-C, NTSC/ISDB-T with BCAS, IPTV2, Pro:Idiom
TECHNOLOGY FEATURES	
Mobile Device Charging	Standard
Bluetooth Device Compatability	Standard
NFC Device Compatability	Standard
22 Languages	English, English UK, Spanish, Portuguese, Italian, French, German, Dutch, Turkish, Simplified Chinese, Japanese, Korean, Russian, Arabic, Polish, Catalan, Finnish, Hungarian, Basque, Traditional Chinese, Welsh, Hebrew
Number of Workouts	12-25
	Goal Based: Time, Distance, Climb, Interval, Aerobics, Watts, METs, Starter Interval, Reverse, 2 Speed Interval, 3 Speed Interval (4 terrains per). Heart Rate Based: Moderate, Vigorous, Fixed Time, Variable Time. Fitness Tests: LF Fitness Test, U.S. Navy PRT, U.S. Army, U.S. Marines, U.S. Air Force, WFI Submax Protocol, Physical Efficiency Battery, FAMS, CPAT
Custom Workouts ¹	Up to 8
User Profiles	Limitless
Home Screen Customization	Standard, three starting screen options for customization

Halo Fitness Cloud

A suite of services that creates a memorable brand experience makes it easier to manager your facility, and saves you money.



Halo Fitness Cloud

The Halo Fitness Cloud is the platform that connects fitness facilities to their staff, exercisers and equipment. Halo empowers facilities and their staff to optimize equipment usage, better communicate between themselves and their exercisers, and more easily keep cardio equipment up to date with the newest features.



Customized Home Screen

Customize home screen messaging to promote events and classes, communicate through trainers, open new revenue streams, and build your brand.



Detailed Usage Data

Gain insights into when and where people are working out. Use that information to create an ideal product mix and to help guide staffing decisions.



Guided Workouts

Performance Run view on treadmills makes it easy for exercisers to benefit from interval workouts. Speed and incline changes happen with just one touch on the screen. This feature is customizable through Halo Fitness Cloud.



¹ Requires Internet connection. Options may vary by country.

² Options may vary by country.